

Are Flat or Inverted Nipples Standing in the Way of Your Successful Breastfeeding?



Flat or inverted nipples can cause difficulties in the baby latching onto the breast for nursing. Medela Hobbit™ Shells can help you overcome these problems.

Determining if Your Nipples are Flat or Inverted

To determine if your nipples are flat or inverted, simply place your thumb and index finger on the areola, the dark area surrounding the nipple. At the base of the nipple, compress gently but firmly.



If you have this condition, the nipples will flatten or retract (invert) into the breast.

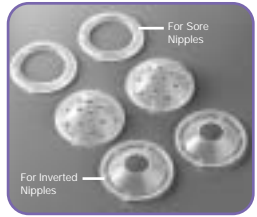


Use of vented breast shells specifically designed to apply pressure to the base of the nipple will help draw out the nipple.



Medela's Hobbit™ Shells

Medela's Hobbit Shells can help with flat or inverted nipples. The plastic breast shells are specifically designed to draw out the nipples. Hobbit Shells, as well as other Breastfeeding Solutions, are available from Medela Rental and Retail locations nationwide. For the name of a Medela Rental Station or breastfeeding specialist in your area call, 1-800-TELL YOU.



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