

Memorial
Health Care Systems

Community Health Needs Assessment

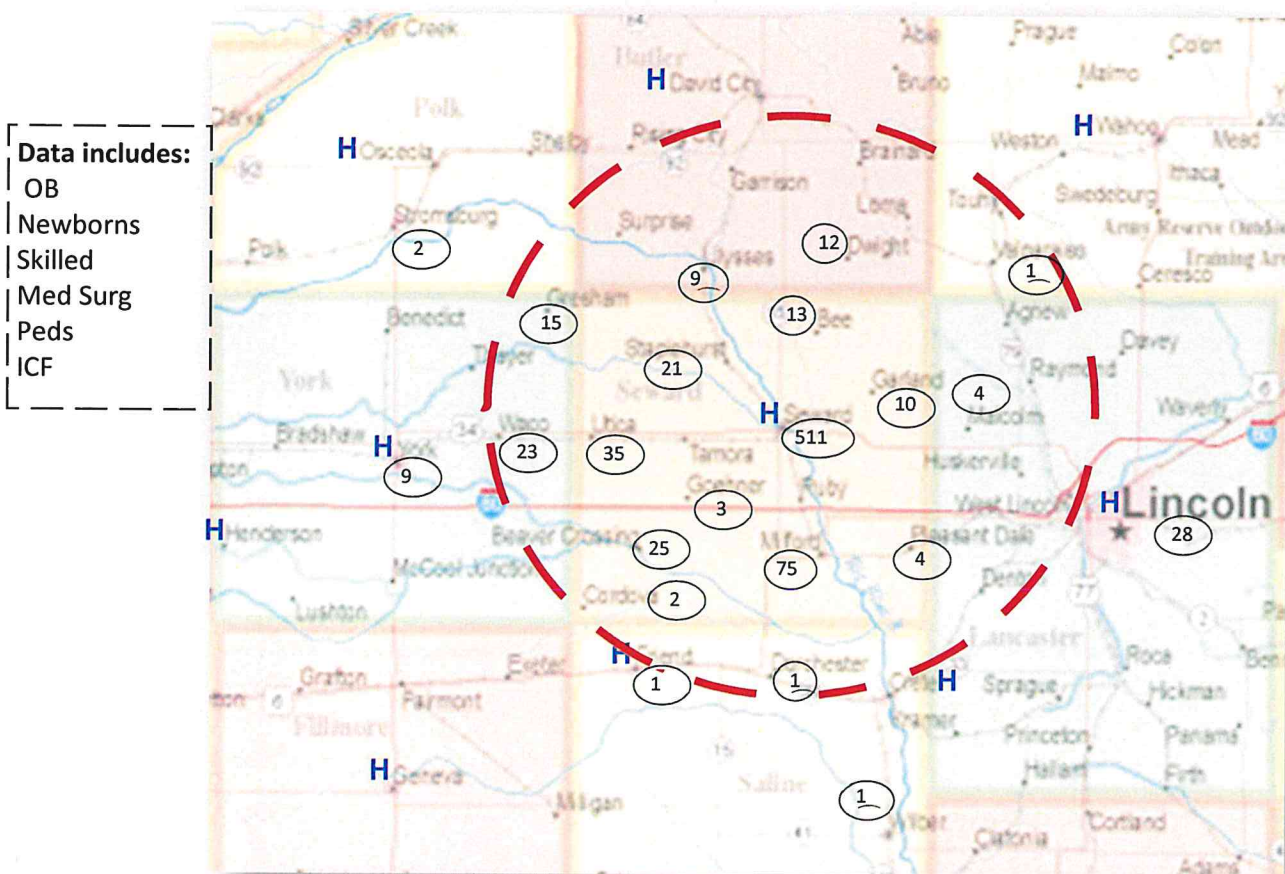
June, 2022

Community Served

Geographic Area

Memorial Hospital is the sole Critical Access Hospital in Seward County, serving a county population of over 17,000 residents. Statistics shown regarding inpatient and outpatient visits (page 3) show Memorial Hospital largely serves the community of Seward, Nebraska.

Inpatient Statistics



793 Inpatient Visits
 Reporting dates: 1/1/2021-12/31/2021



| NE Counties | |
|---------------------|----------|
| Burt | 1 |
| Butler | 43 |
| Dodge | 4 |
| Douglas | 2 |
| Fillmore | 4 |
| Hall | 1 |
| Lancaster | 16 |
| Madison | 2 |
| Platte | 1 |
| Polk | 6 |
| Saline | 28 |
| Sarpy | 1 |
| Saunders | 6 |
| Seward | 623 |
| York | 51 |
| Out of State | 4 |

Outpatient Statistics

Data includes:

- PT/ST/OT
- Lab/Blood
- Stress Test
- Card Rehab
- EKG/Peripheral
- Respiratory Therapy
- Pulmonary Rehab
- Radiology
- Specialty Clinic
- Surgery
- Emergency Dept.
- Diabetic Ed
- Observation

Northern NE Counties

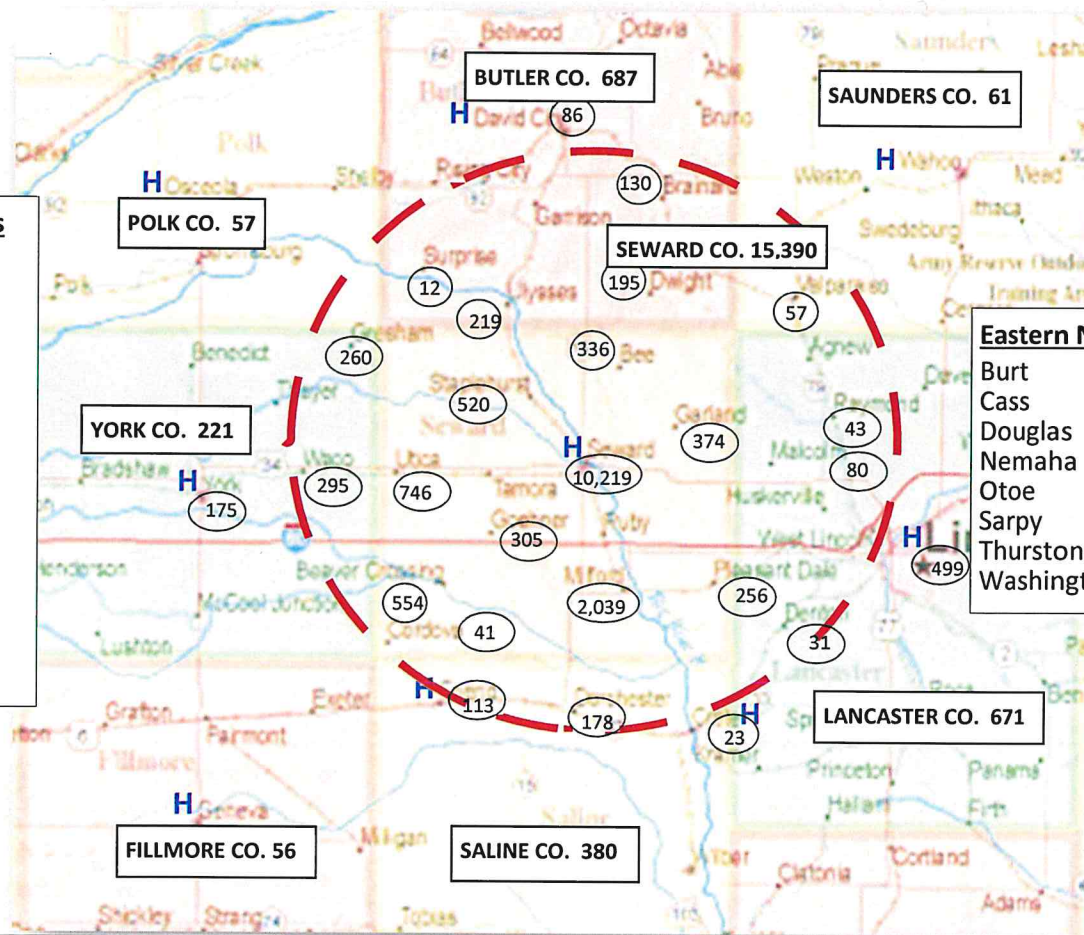
| | |
|---------|----|
| Boone | 2 |
| Brown | 3 |
| Cherry | 2 |
| Colfax | 11 |
| Dawes | 17 |
| Dodge | 24 |
| Madison | 12 |
| Platte | 20 |
| Stanton | 1 |
| Wayne | 1 |

Western NE Counties

| | |
|--------------|----|
| Adams | 12 |
| Buffalo | 10 |
| Clay | 7 |
| Custer | 1 |
| Daweson | 5 |
| Greeley | 1 |
| Hall | 25 |
| Hamilton | 16 |
| Kearney | 2 |
| Kimball | 2 |
| Lincoln | 8 |
| Merrick | 9 |
| Phelps | 2 |
| Scotts Bluff | 2 |
| Valley | 1 |

Eastern NE Counties

| | |
|------------|----|
| Burt | 3 |
| Cass | 8 |
| Douglas | 33 |
| Nemaha | 1 |
| Otoe | 1 |
| Sarpy | 19 |
| Thurston | 2 |
| Washington | 3 |



18,665 Patient Visits
Reporting dates: 1/1/2022-12/31/2022

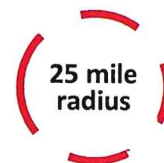
Southern NE Counties

| | |
|------------|----|
| Chase | 1 |
| Dundy | 1 |
| Furnas | 1 |
| Gage | 7 |
| Harlan | 1 |
| Jefferson | 3 |
| Johnson | 3 |
| Nuckolls | 1 |
| Red Willow | 5 |
| Richardson | 9 |
| Thayer | 11 |

Out of State 262

Outpatient Visit Percentages:

| | | |
|----------------------|------------|-----------------|
| 0-25 miles | 86% | (16,033) |
| Over 25 | 12.6% | (2,370) |
| Out of State | 1.4% | (262) |
| Seward County | 82% | (15,390) |



Target Population

The following table outlines the target populations served in the city of Seward and Seward County, Nebraska. Memorial Hospital does not target any specific population groups; but instead targets all residents of the city of Seward and Seward County not excluding medically underserved populations, low-income persons, minority groups, or individuals with chronic disease needs.

| United States Census Bureau | | |
|--|------------------|------------------|
| Seward County/Nebraska Quick Facts Statistics | | |
| | Seward County | Nebraska |
| Population | | |
| Population Estimates, July 1 2021, (V2021) | 17,603 | 1,963,692 |
| Population estimates base, April 1, 2020, (V2021) | 17,609 | 1,961,504 |
| Population, percent change - April 1, 2020 (estimates base) to July 1, 2021, (V2021) | 0.00% | 0.10% |
| Population, Census, April 1, 2020 | 17,609 | 1,961,504 |
| Population, Census, April 1, 2010 | 16,750 | 1,826,341 |
| Age and Sex | | |
| Persons under 5 years, percent | 5.90% | 6.80% |
| Persons under 18 years, percent | 23.60% | 24.60% |
| Persons 65 years and over, percent | 17.20% | 16.20% |
| Female persons, percent | 48.80% | 50.00% |
| Race and Hispanic Origin | | |
| White alone, percent | 96.70% | 88.10% |
| Black or African American alone, percent(a) | 0.80% | 5.20% |
| American Indian and Alaska Native alone, percent(a) | 0.50% | 1.50% |
| Asian alone, percent(a) | 0.50% | 2.70% |
| Native Hawaiian and Other Pacific Islander alone, percent(a) | Z | 0.10% |
| Two or More Races, percent | 1.40% | 2.30% |
| Hispanic or Latino, percent(b) | 2.60% | 11.40% |
| White alone, not Hispanic or Latino, percent | 94.50% | 78.20% |
| Population Characteristics | | |
| Veterans, 2016-2020 | 1,016 | 113,567 |
| Foreign born persons, percent, 2016-2020 | 1.20% | 7.40% |
| Housing | | |
| Housing units, July 1, 2019, (V2019) | 7,262 | 851,227 |
| Owner-occupied housing unit rate, 2016-2020 | 71.20% | 66.20% |
| Median value of owner-occupied housing units, 2016-2020 | \$172,900 | \$164,000 |
| Median selected monthly owner costs -with a mortgage, 2016-2020 | \$1,341 | \$1,412 |
| Median selected monthly owner costs -without a mortgage, 2016-2020 | \$571 | \$539 |
| Median gross rent, 2016-2020 | \$778 | \$857 |
| Building permits, 2020 | 70 | 9,483 |
| Families & Living Arrangements | | |
| Households, 2016-2020 | 6,766 | 766,663 |
| Persons per household, 2016-2020 | 2.33 | 2.44 |
| Living in same house 1 year ago, percent of persons age 1 year+, 2016-2020 | 84.10% | 84.70% |

| | | |
|--|----------|------------|
| Language other than English spoken at home, percent of persons age 5 years+, 2016-2020 | 3.00% | 11.80% |
| Computer and Internet Use | | |
| Households with a computer, percent, 2016-2020 | 90.50% | 91.50% |
| Households with a broadband Internet subscription, percent, 2016-2020 | 85.10% | 85.60% |
| Education | | |
| High school graduate or higher, percent of persons age 25 years+, 2016-2020 | 94.70% | - 91.60% |
| Bachelor's degree or higher, percent of persons age 25 years+, 2016-2020 | 30.70% | 32.50% |
| Health | | |
| With a disability, under age 65 years, percent, 2016-2020 | 5.10% | 7.70% |
| Persons without health insurance, under age 65 years, percent | 6.70% | 9.80% |
| Economy | | |
| In civilian labor force, total, percent of population age 16 years+, 2016-2020 | 68.40% | 69.00% |
| In civilian labor force, female, percent of population age 16 years+, 2016-2020 | 64.50% | 64.60% |
| Total accommodation and food services sales, 2012 (\$1,000)(c) | 18,581 | 3,094,498 |
| Total health care and social assistance receipts/revenue, 2012 (\$1,000)(c) | 53,738 | 12,869,418 |
| Total manufacturers shipments, 2012 (\$1,000)(c) | 576,786 | 57,499,177 |
| Total retail sales, 2012 (\$1,000)(c) | 105,630 | 30,470,717 |
| Total retail sales per capita, 2012(c) | \$6,237 | \$16,422 |
| Transportation | | |
| Mean travel time to work (minutes), workers age 16 years+, 2016-2020 | 20.7 | 18.9 |
| Income & Poverty | | |
| Median household income (in 2020 dollars), 2016-2020 | \$71,111 | \$63,015 |
| Per capita income in past 12 months (in 2020 dollars), 2016-2020 | \$32,367 | \$33,205 |
| Persons in poverty, percent | 6.80% | 9.20% |
| Businesses | | |
| Total employer establishments, 2019 | 471 | 54,939 |
| Total employment, 2019 | 5,783 | 856,242 |
| Total annual payroll, 2019 (\$1,000) | 196,435 | 39,432,674 |
| Total employment, percent change, 2018-2019 | 2.20% | 1.30% |
| Total nonemployer establishments, 2018 | 1,349 | 138,728 |
| All firms, 2012 | 1,400 | 164,089 |
| Men-owned firms, 2012 | 654 | 83,696 |
| Women-owned firms, 2012 | 303 | 51,936 |
| Minority-owned firms, 2012 | F | 14,571 |
| Nonminority-owned firms, 2012 | 1,309 | 144,122 |
| Veteran-owned firms, 2012 | 160 | 16,693 |
| Nonveteran-owned firms, 2012 | 1,153 | 137,254 |
| GEOGRAPHY | | |
| Geography | | |
| Population per square mile, 2010 | 29.3 | 23.8 |
| Land area in square miles, 2010 | 571.43 | 76,824.17 |
| FIPS Code | 31159 | 31 |

The vintage year (e.g., V2021) refers to the final year of the series (2020 thru 2021). *Different vintage years of estimates are not comparable.*

Fact Notes

- (a) Includes persons reporting only one race
- (c) Economic Census - Puerto Rico data are not comparable to U.S. Economic Census data
- (b) Hispanics may be of any race, so also are included in applicable race categories

Value Flags

- Either no or too few sample observations were available to compute an estimate, or a ratio of medians cannot be calculated because one or both of the median estimates falls in the lowest or upper interval of an open ended distribution.
- F Fewer than 25 firms
- D Suppressed to avoid disclosure of confidential information
- N Data for this geographic area cannot be displayed because the number of sample cases is too small.
- FN Footnote on this item in place of data
- X Not applicable
- S Suppressed; does not meet publication standards
- NA Not available
- Z Value greater than zero but less than half unit of measure shown

QuickFacts data are derived from: Population Estimates, American Community Survey, Census of Population and Housing, Current Population Survey, Small Area Health Insurance Estimates, Small Area Income and Poverty Estimates, State and County Housing Unit Estimates, County Business Patterns, Nonemployer Statistics, Economic Census, Survey of Business Owners, Building Permits.

Process and Methods

Identities and Qualifications of Collaborators

Amy Peterson – UNL Extension, Polk County
Carrie Gottschalk – UNL Extension, Seward County
Charlene Dorsey – York Medical Clinic
Cheryl Brown – Henderson Healthcare Services
Darla Winslow – Polk County Health Department
Deb Kallhoff – Tabitha
Don Naiberk – Butler County Healthcare Services
Donelle Ellison – York Public Schools
Jen Janousek – Concordia University, Seward
Joe Lohrman – Annie Jeffery Healthcare Services
Judy Bors – Memorial Healthcare Systems
Katelyn Pleskac – UNL Extension, Butler County
Kathy Ruzicka – Seward County Aging Services
Jane Bilau – Seward Family Medical Center
Sandra Shaw – Seward County Aging Services
Sandra Palmer – St Joseph’s Villa, David City
Stacy Riley – Southeast Community College, Milford
Tamara Wiens – York General Healthcare Services
Tonya Kaup – Annie Jeffery Healthcare Services

Descriptions of Meetings and Surveys

Four Corners Health Department and Memorial Health Care Systems worked together to conduct the 2022 Seward County Community Health Assessment. The purpose of the community health assessment is to describe the health status of the population, identify areas for health improvement, determine factors that contribute to health issues, and identify assets and resources that can be mobilized to address population health issues.

The assessment focuses on the “local public health system” which includes all entities that contribute to the delivery of public health services within a community. It includes many public, private and voluntary entities, as well as individuals and informal associations. It is the collective efforts of these entities, working together, that are measured in the assessment.

A Community Health Advisory Team consists of individuals representing numerous partner agencies from across the Four Corners District. The team works to identify health concerns and needs across the District and then helps to identify possible solutions to the most pressing concerns. The team uses the MAPP process as seen below.



Background Information

In July of 2021, Four Corners Health Department launched a community health assessment project that will have lasting effects for the entire public health system in the district.

In April of 2015, Four Corners Health Department launched a community assessment project. A community-driven process, called MAPP, was chosen to complete the assessment. Mobilizing for Action through Planning and Partnerships (MAPP) is a dynamic process developed by the Centers for Disease Control and Prevention (CDC) and the National Association of City and County Health Officials (NACCHO) that helps communities prioritize public health issues and identify resources for addressing them. Community ownership is a fundamental component of MAPP.

The MAPP project includes four community assessments. In this report, we have focused on the results of the Community Themes and Strengths Assessment which focus on collecting the community's perspective on issues such as health care, education, care for older adults, jobs, support networks, health problems, and risky behaviors. A survey was designed utilizing a sample survey template provided by the NACCHO.

An updated survey was distributed in 2021. The survey was available from May to November of 2021. It was available at various community meetings such as Rotary, Kiwanis, or Sertoma Clubs. They were taken to churches, school events, county fairs, etc. The survey was also primarily available available online and distributed electronically through various community partners. In Seward County, 491 responses were received by the end of the process. The following is a summary of respondents.

| How old are you? | | |
|--|-------------------------|-----------------------|
| Answer Options | Response Percent | Response Count |
| 14-18 years | 1.24% | 6 |
| 19-25 years | 6.83% | 33 |
| 26-39 years | 20.08% | 97 |
| 40-54 years | 39.34% | 190 |
| 55-64 years | 25.67% | 124 |
| 65-80 years | 6.63% | 32 |
| Over 80 years | 0.21% | 1 |
| # of respondents that answered question | | 483 |

| Which describes your race/ethnicity? Please select just one | | |
|---|-------------------------|-----------------------|
| Answer Options | Response Percent | Response Count |
| American Indian, not Hispanic or Latino | 0.81% | 4 |
| Asian, not Hispanic or Latino | 0.00% | 0 |
| Black, not Hispanic or Latino | 0.00% | 0 |
| Hispanic or Latino | 1.02% | 5 |
| Native Hawaiian and other Pacific Islander – not Hispanic or Latino | 0.20% | 1 |
| White, not Hispanic or Latino | 94.50% | 464 |
| Multi-Race, not Hispanic or Latino | 0.20% | 1 |
| Decline to Answer | 2.65% | 13 |
| Other | 0.61% | 3 |
| # of respondents that answered question | | 491 |

Information Gaps that Exist

Due to the positive response throughout the community health assessment project, no information gaps were identified.

Identification, Assessment, and Prioritization of Health Needs of the Community

Identified Health Problems

The most important “health problems” identified in the community as a result of the assessment process are:

- I. Mental Health
- II. Cancer
- III. Aging problems
- IV. Heart Disease and Stroke
- V. High Blood Pressure

**What do you think are the three biggest “health problems” in your community?
(Please check only three)**

| Answer Options | Response Percent | Response Count |
|---|-------------------------|-----------------------|
| Mental Health problems | 16.58% | 203 |
| Cancers | 13.89% | 170 |
| Aging problems (arthritis, hearing/vision loss) | 11.03% | 135 |
| Heart disease and stroke | 6.86% | 84 |
| High blood pressure | 5.96% | 73 |
| Poverty | 5.80% | 71 |
| Not enough health insurance/no health insurance | 5.72% | 70 |
| Diabetes | 5.56% | 68 |
| Child Abuse/Neglect | 4.33% | 53 |
| Motor vehicle crash injuries and deaths | 4.17% | 51 |
| Food insecurity | 4.17% | 51 |
| Suicide | 3.84% | 47 |
| Domestic Violence | 3.27% | 40 |
| Accidental/Unintentional Injuries | 2.37% | 29 |
| Other | 1.55% | 19 |
| Firearm-related injuries | 0.98% | 12 |
| Infectious diseases (e.g., hepatitis, TB) | 0.90% | 11 |
| Teenage Pregnancy | 0.82% | 10 |
| Respiratory/Lung Disease | 0.65% | 8 |
| Dental Problems | 0.57% | 7 |
| Rape/Sexual Assault | 0.57% | 7 |
| Infant Death | 0.16% | 2 |
| Sexually Transmitted Diseases (STDs) | 0.16% | 2 |
| HIV/AIDS | 0.08% | 1 |
| Homicide | 0.00% | 0 |
| # of responses | | 1224 |

Area Resources

The community of Seward, Nebraska offers a variety of community and health resources:

1. Aging Partners
2. Blue Valley Community Action
3. Four Corners Health Department
4. Nebraska Department of Health and Human Services
5. Lutheran Family Services
6. Nebraska Family Help Line
7. Senior Centers in Milford, Seward, and Utica
8. Meals on Wheels Program
9. Mom's Meals
10. Home delivered meals for Medicaid through the Kiwanis
11. Seward County Emergency Management
12. Seward County Extension Services
13. Memorial Health Care Systems
 - a. Memorial Hospital
 - b. Memorial Hospital Assisted Living
 - c. Seward Family Medical Center
 - d. Milford Family Medical Center
 - e. Utica Family Medical Center
14. Ridgewood Rehabilitation and Care Center
15. Kinship Pointe Seward – Independent and Assisted Living
16. Greene Place Assisted Living
17. Seward Manor – Independent Retirement Housing
18. Sunrise Country Manor
19. Seward County Transportation
20. Seward Senior Shuttle
21. Hope Crisis Center-Domestic Violence Services
22. Seward County Bridges
23. Blue Valley Behavioral Health
24. Seward Fitness Centers include: Snap Fitness, T's Gym, InMotion, Jazzercise, Yoga studios, and Pilates studios

Resources that provide services to Seward area but do not originate from our county include:

1. Hospice- AseraCare, CHI Health at Home/Hospice, Kindred, HoriSun, Traditions Health Serene Care, St. Croix, Tabitha, Hospice Services Consent, National Hspice and Palliative Care Organization
2. Home Health- Angels Care, CHI Health at Home, Elite Professionals, Hillcrest Home Care Company, Personal Health Care Services, Physician's Choice, Tabitha Health, York General Home Health
3. PhysMed, Homecare Plus, Maxim.
4. Non-Medical Home Care-Amada, Care Consultants for the Aging, Care Tech Inc, Caring for People, Caring Friends, Community Home Care, Guardian Agenls, Home Care Plus, Home Instead, Personal Health Care Services, Right at Home, Sunlight Support Services, Chelise Scott.